

THE WAAS GET ACTIVATED

# ACTIVATE YOUR ART 2023

## A PROGRAM FOR CREATING

---



### ACTIVATE YOUR ART

The framework for The Women's Art Activation System Activation Group is a series of 6 group sessions over 7 months. This small cohort of 10 peers, facilitated by the two WAAS artists Sharon and Sarah, is a chance to learn together, support each other, receive coaching and mentoring and to get active in your art practice, taking it to the next level, whatever that is for you. It's open to women, and anyone marginalised by their gender identity. If you aren't sure please [contact us](#).

---

## ACTIVATION

Using a mix of coaching, mentoring and peer support, we will guide you through a process of activating your art practice. Whether you are an established practitioner facing a change or a stuck point, or are starting out on a new creative adventure, this group programme will ensure you are moving forward strongly and vibrantly.

Sessions will include:

- Check-ins
- Breakout rooms
- Prompts, reference and guidance
- Worksheets
- Action steps
- A Whatsapp group for participants will allow for staying in touch as we go through the program together

Dates:

- Tuesday 9th May
- Tuesday 13th June
- Tuesday 11th July
- *August - BREAK*
- Tuesday 12th September
- Tuesday 10th October
- Tuesday 14th November

## ACT NOW

There are 10 spaces available (few remaining) and the price for all 6 sessions is £140.

Payment plans available - please enquire.

To sign up for the six month group Activation series [fill out this form to reserve your place:](#)

<https://forms.gle/22PHagXdDeyFgWgW9>

---

## About The WAAS

The WAAS is an artist collective formed in 2016 with the aim of activating women's art. Principle artists Sharon Bennett and Sarah Dixon collaborate to make live art, performance and socially engaged works.

<https://thewaas.org>

Between us we have experience in supporting creative practice for others, including through:

- Action learning groups (both Sharon and Sarah have been part of the Create Gloucestershire Action Learning Sets)
- Coaching (Sarah is an RD1st Qualified Coach)
- Mentoring (Sharon Bennett has been mentoring UAL students for some years)
- Activations - we have been supporting other women artists over the past few years through one to one coaching and mentoring. We also offer one to one packages. Please contact us for details.



*Sharon Bennett & Sarah  
Dixon at the National Gallery  
London with The Milky Way,  
a game exploring  
breastfeeding in artwork.*

*Photo credit:  
Catherine Harder*

---